

SGA

Understand . Stabilise . Strengthen . Momentum

Stabilisation & Growth Advisory Ltd

Supporting SMEs through pressure, change and
transition.

Brochure

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What SGA Is

SGA is a consultancy that supports SMEs during periods of pressure, change or transition.

We help leaders understand what is really happening inside the business, then strengthen operational clarity, financial controls and governance foundations so the organisation can regain stability, capability and confidence.

What SGA Does



Understanding

Understanding what is actually happening inside the business through processes, ownership, decision pathways and operational behaviour.



Financial Controls

Strengthening the financial foundations that support stability, consistency and informed decision-making.



Governance & Risk

Creating structure, accountability and confidence through clear governance, risk awareness and practical controls.



Strengthen

Building processes, systems and capability so the business can operate predictably and scale sustainably.



Momentum

Supporting leaders through pressure, uncertainty and transition — restoring confidence, clarity and forward movement.

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Who SGA Helps

- SMEs under pressure
- SMEs experiencing change
- SMEs facing instability
- Leaders feeling overwhelmed
- Organisations needing clarity
- Businesses preparing for transition

How SGA Works



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Why SGA Exists

SMEs often operate under pressure, with leaders carrying responsibility across operations, finance, people and delivery. When instability appears, it can feel overwhelming and the root causes are rarely obvious.

SGA exists to bring clarity, structure and calm. We help leaders understand what is really happening, strengthen the foundations that support stability, and rebuild confidence across the organisation.

About Heidi



Heidi Teague is an interim operations and finance specialist with deep experience in SME stabilisation, governance, financial controls and operational maturity.

She founded SGA to support SMEs through periods of pressure, change and transition — providing calm, structured guidance that strengthens clarity, capability and confidence.

Heidi has worked across multiple sectors, helping organisations stabilise, rebuild and move forward with renewed momentum.



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Next Steps

If your business is experiencing pressure, uncertainty or instability or you simply want clearer foundations for growth, SGA can help.

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